

Lehigh Valley Parent Support Groups



The **Lehigh Valley Parent Support Groups** exist to offer support for those parents who have a child, of any age, who struggles with the **disease of drug and/or alcohol addiction**. The group provides parents with a confidential, safe place to find support, education, encouragement and hope, as they travel their own path to recovery. These groups are free to attend.

Sundays — Allentown Parent Support Group — Meets 6:30-8:00 PM at First Presbyterian Church of Allentown, 3231 Tilghman St. (corner of Cedar Crest Blvd), Allentown PA 18104 in Room 120. Group Contact: Carol L. 484-553-6556

Mondays — Easton Parent Support Group — Meets 7:00-8:30 PM at St. Andrews Lutheran Church, 3900 Freemansburg Ave (corner of Stone Crossing Rd), Easton, PA. 18045 in the Social Room. Group Contact: Bob L. 484-553-6555 and Carol L. 484-553-6556

Wednesdays — Bethlehem Parent and Family Support Group — Meets 7:00-8:30 PM at OASIS Community Center, 3410 Bath Pike, Bethlehem, PA 18017. Group Contacts: Janette Z. and Beth P. at 484-747-6825 or email bethlehempfsg@gmail.com

Thursdays — Allentown Parent and Family Support Group — Meets 7:00-8:30 PM at First Presbyterian Church of Allentown, 3231 Tilghman St. (corner of Cedar Crest Blvd), Allentown PA 18104 in Room 118. Group Contact: Donna J. 917-763-8978

Grief Recovery After Substance Passing™ (GRASP)

These Groups provide help, compassion, and understanding for families who have had a loved one pass from drug or alcohol abuse. These groups are free to attend.

1st and 3rd Monday of the Month — Allentown GRASP Group— 7:00-8:30 PM at First Presbyterian Church of Allentown, 3231 Tilghman St. (corner of Cedar Crest Blvd), Allentown PA 18104 in Room 118. Group Contact: Nancy H. 484-788-9440

2nd Tuesday of the Month — Bethlehem GRASP Group— 2:30-4:00 PM at OASIS Community Center, 3410 Bath Pike. Bethlehem, PA 18017 Group Contact: Nancy H. 484-788-9440 or for more information please email: info@oasisbethlehem.org