

WHO: Lamont McClure and Area Agency on Aging

WHAT: Dementia Support Group

**WHERE: Dept. of Human Services Building, 2801 Emrick Blvd.
Bethlehem, PA 18020**

WHEN: 3rd Thursday of every month from 5:30PM – 6:30PM

Lamont McClure announces that the Division of Area Agency will host a Dementia Support Group at the Dept. of Human Services building at 2801 Emrick Blvd. Bethlehem, PA on the third Thursday of the month from 5:30PM – 6:30 PM.

This program is provided by Arden Courts and is specifically designed for families and caregivers of dementia patients. Participants will receive practical caregiving information, get mutual support, learn about local community resources and find solutions to challenging behaviors.

“Being a caregiver to a loved one with dementia can be incredibly stressful,” says Lamont McClure. “It’s important that we offer them the resources and support they need so they can maintain their own mental and physical health while they care for someone else.”

Anyone interested in attending should RSVP with Ann Stager at 610-829-4540 or astager@northamptoncounty.org